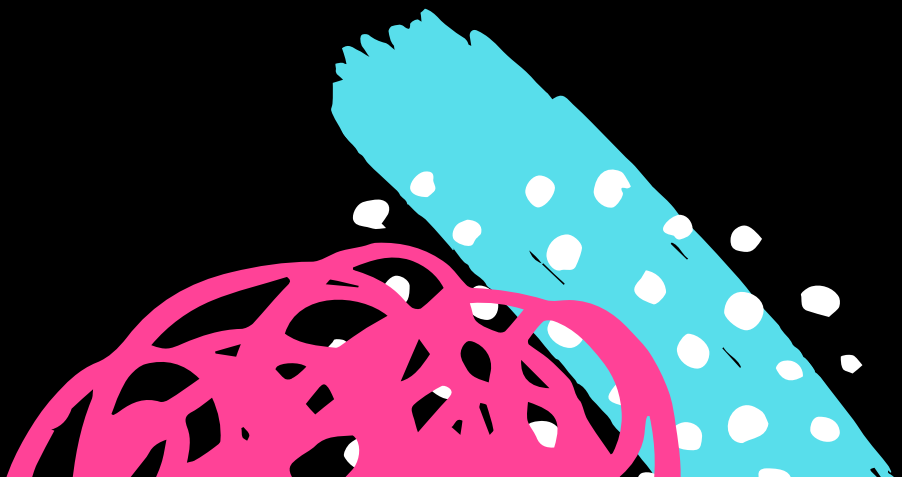
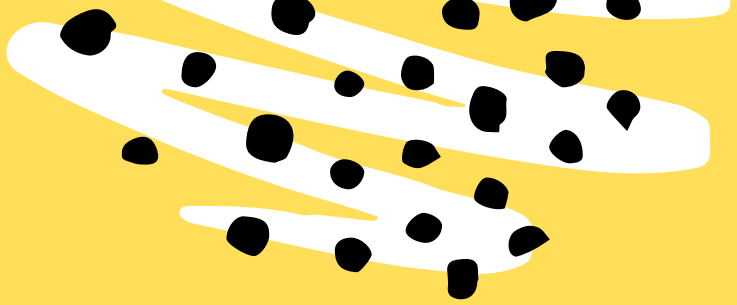


The Psalms

A SOAP BIBLE
STUDY SERIES





**How sweet are
Your words to
my taste, sweeter
than honey to
my mouth!**

PSALM 119:103





What is SOAP?

SOAP is a handy Bible study template centred around Scripture, Observation, Application and Prayer; all designed to take you deeper into God's Word. It works like this:


SCRIPTURE – simply pick a passage and read it.

OBSERVATION – to go deeper ask yourself: what does the passage say about God? About us? What's happening? Who's involved? Where is it happening? Anything else you notice?

APPLICATION – we don't just read God's Word to learn, but also to live. Write down one personal and/or practical way you could practise something you have observed from the passage in your everyday life.

PRAYER – lastly pray. Take a moment to write a prayer, giving thanks to God for his Word and what he has revealed to you. Ask for his help to live it out in your life.

Why not give it a go in this short book as we take a look at 11 Psalms that featured on our social media Psalms series in May 2020?



**Surely your
goodness and
mercy will follow
me all the days
of my life and I
will dwell in the
house of the
LORD forever.**

PSALM 23:6





SOAP Psalms Day 1



Scripture

Read Psalm 23

Observe


What does Psalm 23 teach you about God? And what does that mean for you and others? Note down anything else that stands out to you.

Apply

Lie down, be still and let the truth of what you have just read fill your heart.

Pray

Thank God for his presence and guidance. Ask for his grace to sustain you through life's journey.



**The LORD has
made his
salvation known
and revealed his
righteousness to
the nations.**

PSALM 98:2





SOAP Psalms Day 2



Scripture

Read Psalm 98

Observe

Make a list of what this Psalm says about God and what he has done. Which stands out to you most?


Note down anything else that stands out to you.

Apply

Spend some time listening to worship music and imagine what it will be like when he returns.

Pray

Thank God for Jesus. Ask for his help to live a life that glorifies him everyday, everywhere and in front of everyone.



**Come and see
what God has
done, his
awesome deeds
for mankind!**

PSALM 66:5





SOAP Psalms Day 3



Scripture

Read Psalm 66

Observe

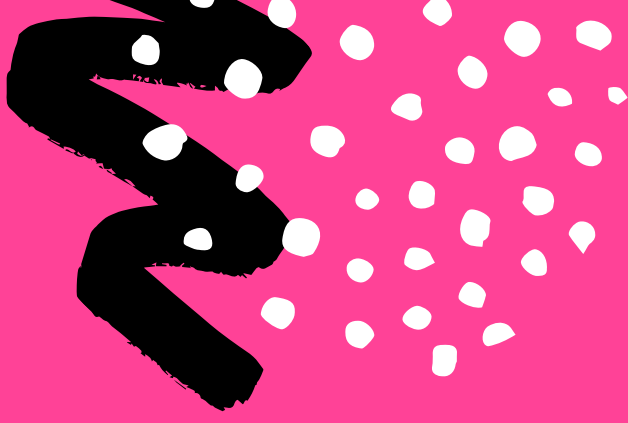
What is glorious praise (v.2)? Why does the author praise God for letting so many hard things happen to him and the people of God? Note down anything else that stands out to you.

Apply

Have a go at writing your own psalm of thanksgiving, remembering God's love in your life.

Pray

Praise God for his character and actions. Ask for his help to turn from sin and be refined for your growth and his glory.



**But the plans of
the LORD stand
firm forever, the
purposes of his
heart through all
generations.**

PSALM 33:11





SOAP Psalms Day 4



Scripture

Read Psalm 33

Observe

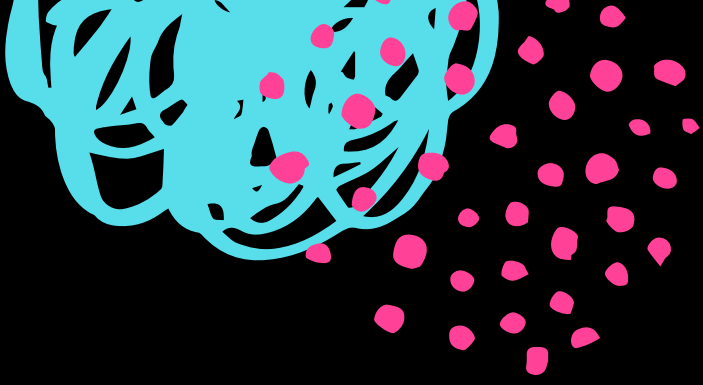
What stands out to you about God's nature? How does this give you hope today, like the psalmist? Note down anything else that stands out to you.

Apply

Go to a place with no distractions. Be still, rejoice and rest in God's gaze upon you today.

Pray

Thank God that he is worthy of all praise. Ask for his help to live your life dependent on him, resisting the urge to put hope in yourself.



**Worship the LORD
in the splendour
of his holiness:
tremble before
him all the earth.**

PSALM 96:9





SOAP Psalms Day 5



Scripture

Read Psalm 96

Observe

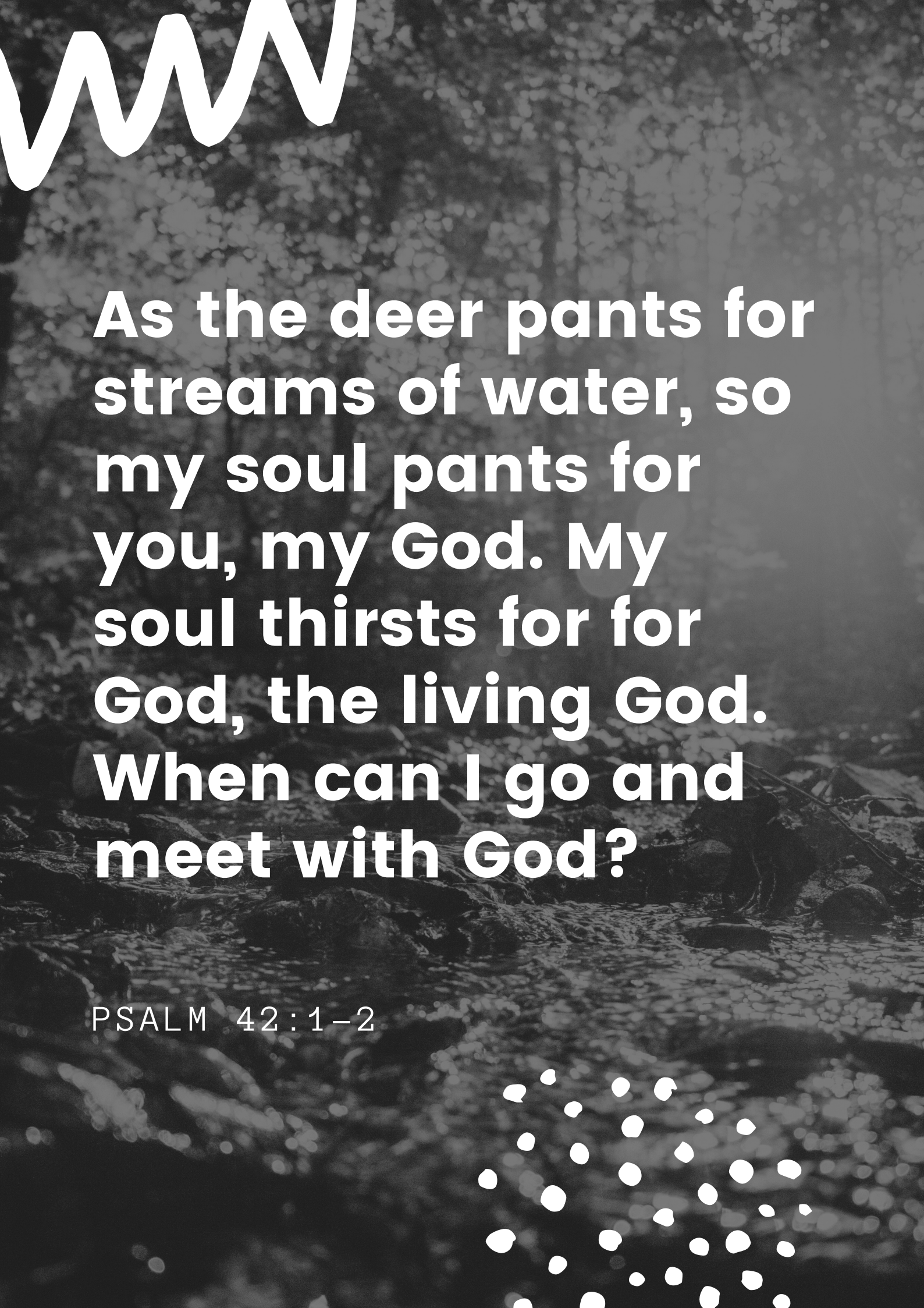
What makes our God great and worthy of all praise?
How will creation react to God's final coming
(v.11-13)? Note down anything else that stands out
to you.

Apply

We have good news to share! How can you go into the
world to serve, love and show this today?


Pray

Pray for God to grow his grace in you as well as an
even greater sense of boldness to make Jesus known
in these days.



**As the deer pants for
streams of water, so
my soul pants for
you, my God. My
soul thirsts for for
God, the living God.
When can I go and
meet with God?**

PSALM 42:1-2



**God has ascended
amid shouts of
joy, the LORD
amid the sounding
of trumpets**

PSALM 47:5





SOAP Psalms Day 6



Scripture

Read Psalm 47

Observe


What do you notice about God's Kingship in this psalm? What does v.9 tell you about who will be included in God's Kingdom? Note down anything else that stands out to you.

Apply

Think about how God has saved you and write your own 60 second spoken testimony to share.

Pray

Look at a map and pray for 5 nations around the world to realise the grace of God in their lives.



**He remembers his
covenant forever,
the promise he
made, for a
thousand
generations.**

PSALM 105:8





SOAP Psalms Day 7



Scripture

Read Psalm 105

Observe


What do each of the stories recounted – Abraham, Isaac, Jacob, Joseph, Moses and Aaron teach you about God and humanity? Note down anything else that stands out to you.

Apply

Create a rainbow and display it somewhere you can see it as a reminder that God keeps his promises.

Pray

Thank God that he is the sovereign One who saves you. Praise him for the eternal home he is preparing for you.



**Know that the
LORD is God. It is
he who made us,
and we are his: we
are his people, the
sheep of his
pasture.**

PSALM 100:3





SOAP Psalms Day 8



Scripture

Read Psalm 100

Observe

Why should you offer yourself to God? How do you do this and what should it look like in your daily life? Note down anything else that stands out to you.

Apply

Take time throughout the day to speak the words of v.3 out loud over yourself.

Pray

Ask that God will grant you the delight of obeying him so that you will come to resemble him more and more as you live.

**[The LORD] he
does not treat us
as our sins
deserve or
repay us
according to our
iniquities**

PSALM 103:10





SOAP Psalms Day 9



Scripture

Read Psalm 103

Observe

What does this psalm teach you about God's character: his love, forgiveness, satisfaction, anger, compassion, salvation and reign? Note down anything else that stands out to you.

Apply

Gaze up at the sky and allow the imagery of his infinite love for you conveyed by infinite distances lead you in worship today.

Pray

Thank God for his love. Praise him that he doesn't just pardon our sin, but adopts us into his family.

**The whole earth is
filled with awe at
your wonders:
where morning
dawns, where
evening fades, you
call forth songs of
joy.**

PSALM 65 : 8





SOAP Psalms Day 10



Scripture

Read Psalm 65

Observe

What might some of the "good things of your house" (v.4) be? How does God care for his world (v.9-13) and what might this mean for you and others? Note down anything else that stands out to you.

Apply

How can you show love for all and especially care for people who are far from you socially, economically, racially or politically?

Pray

Praise God that his salvation is global and that he is alive, moving and at work in hearts and lives all over the world.



**Let everything that
has breath praise
the LORD. Praise
the LORD.**

PSALM 150:6





SOAP Psalms Day 11



Scripture

Read Psalm 150

Observe

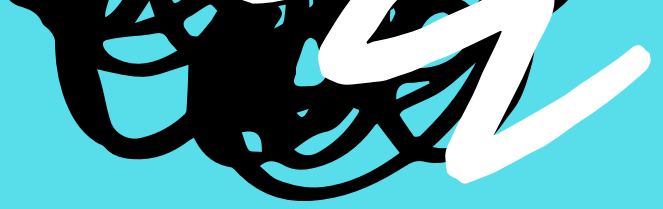
How does Psalm 150 give you a glimpse of the eternal future that awaits you? Note down anything else that stands out to you.

Apply

Today, try to praise God everywhere you find yourself (v.1), for everything you see and have (v.2), and in every way you can (v.3-5).

Pray

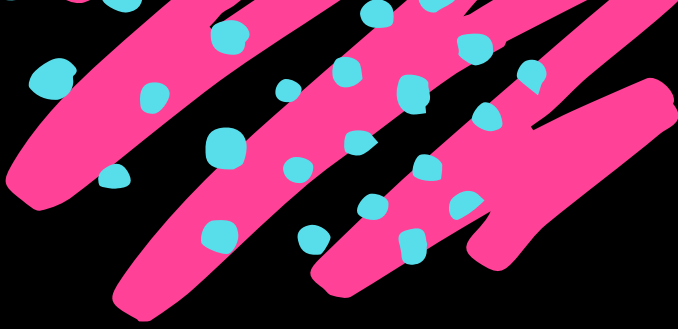
Thank God for all he has given you throughout your life. Ask that he grant you one thing more: a heart for praising him.



Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the LORD, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose life does not wither – whatever they do prospers.

PSALM 1 : 1–3





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